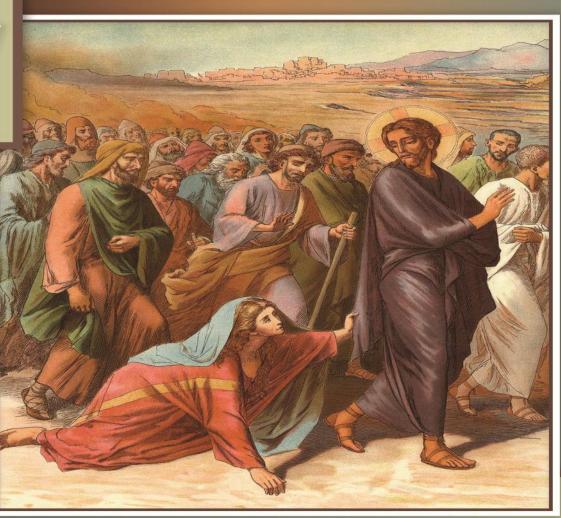
Newman Center Holy Spirit Parish



1941 East-West Road, Honolulu HI 96822-2321 | PH: (808) 988-6222 | FX: (808) 988-1752 | Email: info@newmanhawaii.org Website: www.newmanhawaii.org | Facebook:: www.facebook.com/NewmanHawaii | Instagram & Twitter: @newmanhawaii

272021

THIRTEENTH SUNDAY IN ORDINARY



Jesus said to the woman,
"Daughter, your faith has saved you.
Go in peace and be cured of your affliction."

Mark 5:34

Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

Pastoral Team

	Phone Ext
Pastor Director of Campus Ministry Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
<i>Administrative Assistant</i> Alofa Leasiolagi manager@newmanhawaii.org	219
Campus Ministry Fay Pabo campusministry@newmanhawaii.org	211
Communications & Pastoral Assistant Brandon Akiona pastoralassistant@newmanhawaii.org	211
Religious Education Anna Viggiano religioused@newmanhawaii.org	212

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!

Office Hours:

Monday - Friday: 9:00am to 5:00pm (except Diocesan Holidays)

Newman Center may remain open till evening programs conclude

Saturday and Sunday,

Open during Mass times and for activities as needed.

From the Desk of the Pastor



"Our Savior Jesus Christ destroyed death and brought life to light through the Gospel."

The weather here in Oregon has been in the high 90s and will enter the 100s this weekend. With no air conditioning in the seminary dorms or in the classrooms, I

find myself desperately looking for a cool spot under a tree or for someone who has a key to the air-conditioned library during afterhours. This temporary inconvenience, however, does not compare to the human suffering that the two characters that we meet in the gospel this weekend experience. In the gospel, we meet two people in two situations where they desperately seek help from Jesus. First, Jairus who was a synagogue official and a father of a desperately sick twelve-year-old daughter who was at the point of death. Second, an unnamed woman suffering from hemorrhages for twelve years while spending her life savings on one doctor after another. In both cases, they are convinced that Jesus will take care of their needs. The stories and the outcome of each gives us a valuable insight on the character of Jesus. He is someone who feels the desperation and pain of others, and who does not disappoint those who asks him for help. We experience that Christ continues to help us through the pilgrimage of life with its ups and down, joys and hopes, and its dying and rising moments. In my course of studies this week, we discussed the teaching on Communion Ecclesiology. One profound thought that struck me was, "there is no vertical relationship (with God) without the horizontal relationship (with each other)." I truly believe that Christ continues to raise the dead and heal the sick everyday through his mystical body, the Church. May we, then, allow Christ to work through us to bring life and light into the world!

Have a blessed week.

Fr. Alfred Omar (@fralfred808)

Important Notices

- For the parishioners of Holy Spirit Parish, Fr. Alfred has continued the dispensation from the obligation until June 30, 2021 (subject to extension), since the Center cannot safely accommodate an increase of attendees.
- A Communion Prayer Service will be held June 30, July 1 and July 2 in lieu of the celebration of the Holy Mass.
- All parish offices will be closed on Monday, July 5 in observance of the Independence Day holiday.
- Due to current City Orders, please wear your mask at all times during the Mass and while in the Newman Center. Thank you for you cooperation!
- If you are feeling ill, please stay home.

Campus Ministry

Pray

Prayer That God Will Protect You During a Crisis



When experiencing a difficult situation, ask God to be at your side with his shield.

Life can be difficult at times, and when it is, everything hangs in the balance. It is precisely during such a crisis when we need to turn to God.

Here is a short prayer adapted from the Roman Breviary that asks God to protect you when life gets rough.

Graciously hear our supplications, O Lord, we ask you, and order the goings of your servants in the safe path that leads unto salvation in you, that amidst all the manifold difficulties of this life's pilgrimage, your shield may never depart from us.

Grow

The Best Method for Transforming Annoyance and Frustration



We all get annoyed sometimes, but how we respond can be a chance to grow in virtue and holiness.

St. Josemaría Escrivá used to say that "when we Christians have a bad time, it is because we don't give this life all its divine meaning." Approaching our daily life with that perspective of searching for something beyond first impressions is what allows us to discover the hidden riches of the present moment. It opens for us a more complete view of reality, helping us see that everything that happens can be transformed for the good.

It's perfectly valid to feel bothered by some things, especially those that we consider to be wrong, but we cannot allow this to take away our peace. At the end of the day, we can recognize that getting angry or being upset is still, to some extent, a choice we make. Our ability to decide whether or not to let something bother us depends on our ability to respond to the events that happen to us in general.

Exercising virtues

One of the things we can do when we notice that something is bothering us is to choose to look at the situation at a deeper level. We can see it as an opportunity to practice a virtue such as patience, mercy, compassion or understanding about what is going on. We can try to understand more clearly the reasons why this particular thing bothers us.

A virtue is a voluntary disposition to do good. It not only allows us to focus on a positive aspect of a situation, but to give the best of ourselves in circumstances that challenge us.

With this inner openness, difficult moments become real opportunities to exercise virtues or to discover new ones in everyday life. What could be a bother becomes a gift to help us improve ourselves.

If things never challenge us, we'll never know how weak or strong we are, what hidden good qualities we have and how we can grow. Virtues help us get through trials better and thus mature spiritually, so that we can channel our reactions and not be as susceptible to their negative influence. When we overcome adversity, we can develop our character; we're strengthened to deal with things that don't go our way. In addition, each challenge we face strengthens our ability to prepare for future obstacles. We learn through discomfort and can rethink what it takes to succeed.

Grow in holiness

"Don't say, 'That person bothers me.' Think, 'That person sanctifies me.'" (St. Josemaría Escrivá)

Seeing difficult situations as an opportunity to grow in holiness allows you to put aside your desires and your own will. When we die a little to ourselves by offering difficult things to God, we open ourselves to his grace. There's nothing more practical than living the way Christ teaches us by putting others first. And there's nothing more useful than maturing in our faith.

Pray. A prayer said in a moment of weakness or stress is an act of true love that can bring peace. As the Bible says, "... to those who listen, I say: love your enemies, do good to those who hate you. Bless those who curse you, pray for those who abuse you." (Lk 6:27-28).

Reflect

""To one who has faith, no explanation is necessary. To one without faith, no explanation is possible." – St. Thomas Aquinas

In the readings these past several weeks, Jesus has traveled with his disciples, preaching and teaching the Word of God and performing miracles. The disciples, on the other hand, journeyed with him and witnessed firsthand the power of God through Jesus. Do we believe that Jesus touches our lives and heals our souls? Faith is affirmation that we live and breath because of our good and gracious God. And that He loves us unconditionally, cares for our souls, and protects us from any harm done to us. Do you believe this? Let us take time this week to look at our lives and how we put our faith into action to help in continuing the mission and Kingdom of God. Blessing and peace to you and your ohanal :)

St. John Henry Newman, pray for us! - Fay C. Pabo (@fa_jo_pabO)

Around the Parish

Thank You!

Thank you for donating non-perishable food items for the UH food vault! This is one of the many ways we can help our students during this time of pandemic.



For more information about the Food Vault, www.facebook.com/foodvaulthawaii

Mahalo for your generosity!



Children's Faith Formation classes meet on Sundays during academic year, immediately following the 9 am Mass.

Please contact Anna Viggiano to enroll your child in the program.







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"Do not be afraid; just have faith."

Sheepish Question:

Is there something that I've been afraid to ask of Jesus?

New to Newman Center - Holy Spirit Parish?

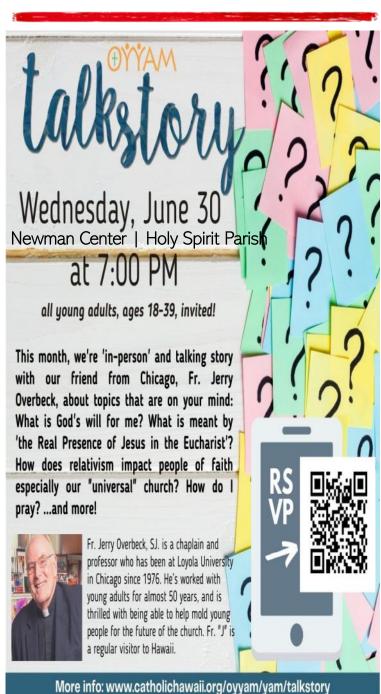
Aloha! E Komo Mai!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register.

Welcome!



Liturgical Schedule

Daily Mass (Tuesday-Friday) 12:10PM

Sunday Mass

(Saturday Evening Anticipated Vigil) 5:00PM 9:00AM

11:00AM

(Student Mass) 5:00PM

Sacramental Information

Reconciliation By Appointment

Please contact the Parish Office to schedule.

Baptism By Request

Please contact Fr, Alfred at least one month before the date desired for the Baptism.

Funerals At Need

Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

Holy Matrimony

By Request Couples need to contact Fr. Alfred at least eight months prior to

your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

Holy Orders—Religious Life By Call

Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

Holy Communion

Ongoing

Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

Confirmation Ongoing

Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

Anointing of the Sick

By Request

If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

Rite of Christian Initiation for Adults Ongoing

If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,



The Word of the Lord Weekly

Todays Readings

First Reading — God did not make death, nor does God rejoice in the destruction of the living (Wisdom 1:13-15; 2:23

Psalm — I will praise you, Lord, for you have rescued me (Psalm 30).

Second Reading — Your abundance should supply the needs of the others (2 Corinthians 8:7, 9, 13-15).

Gospel — Your faith has saved you (Mark 5:21-43 [21-24, 35b-43]).

The English translation of the Psalm Responses from the Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Gn 18:16-33; Ps 103:1b-4, 8-11; Mt 8:18-22 Monday: Tuesday: Vigil: Acts 3:1-10; Ps 19:2-5; Gal 1:11-20;

Jn 21:15-19

Day: Acts 12:1-11; Ps 34:2-9; 2 Tm 4:6-8, 17-18; Mt 16:13-19

Wednesday: Gn 21:5, 8-20a; Ps 34:7-8, 10-13;

Mt 8:28-34

Thursday: Gn 22:1b-19; Ps 115:1-6, 8-9; Mt 9:1-8 Gn 23:1-4, 19; 24:1-8, 62-67; Ps 106:1b-5; Friday:

Mt 9:9-13

Saturday: Eph 2:19-22; Ps 117:1bc-2; Jn 20:24-29

SAINTS AND SPECIAL OBSERVANCES

Sunday: Thirteenth Sunday in Ordinary Time

Monday: St. Irenaeus Tuesday: Ss. Peter and Paul

Wednesday: The First Martyrs of the Holy Roman

Church

Thursday: Saint Junípero Serra; Canada Day

Friday: First Friday

Saturday: St. Thomas; First Saturday

JESUS' EXAMPLE OF HELPING OTHERS

In today's second reading Paul offers a wonderful argument to his converts at Corinth for seeking to help those in need. He is dealing with a practical problem, arranging a collection for the poor of the church of Jerusalem; but as he often does, he develops an important teaching about Jesus to make his point.

After asking that they show their faith by generous gifts, he reminds them of the "gracious act of our Lord Jesus Christ, that though he was rich, for your sake he became poor, so that by his poverty you might become rich" (2 Corinthians 8:9). In the Incarnation our Lord assumed our human nature, certainly becoming poor for one who is God. The ultimate gracious act of this poverty was going to the cross with all its terrible sufferings. By this act of poverty we definitely become rich. Now our sins can be forgiven; we can share in the very life of God through the sacraments; we can attain eternal salvation!

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Spirituality Corner

Prayer On the Go

https://pray-as-you-go.org/ https://www.sacredspace.ie/

Daily Scripture and Reflections:

https://www.dailyscripture.net/daily-meditation/

Weekly Essays on Ignatian Spirituality by Fr. Randy Roche, SJ:

https://mission.lmu.edu/cis/spiritualessays

Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

FEAST OF FAITH

Preparation of the Gifts

The altar is prepared, the gifts are received. Several brief rites follow with accompanying prayers, some prayed silently by the priest and deacon and others said aloud. We call this part of the Mass the "preparation." What kind of preparation is happening? First, the presider holds up the paten or bowl containing the hosts, and says words that Jesus must have said many times, since they derive from ancient Jewish meal prayers: "Blessed are you, Lord God of all creation!" We have brought forward our gifts, our offering to God, and now we acknowledge that they are not really ours—the gifts that we give are God's gift to us. It is "through your goodness" that we have gifts to offer. It is significant that we offer not wheat and grapes, but bread and wine; "fruit of the earth and work of human hands." Bread and wine are both God's work, and ours. These preparatory rites also prepare us for what we are about to do in the Eucharist, a mystery in which divine and human meet; a holy collaboration in which our action is caught up into God's divine plan.

—Corinna Laughlin, Copyright © J. S. Paluch Co.

INTRODUCTION TO THE SUNDAY LITURGY

Today's opening antiphon invites us to clap our hands and shout with joy, for our God is a God of life. God brought life into the world at creation, making us in the divine image. Jesus brought new life to the world, redeeming us and preparing us for eternal life with the Lord. We come together here today, as we do each Sunday, to hear the word of God, to be nourished in the Eucharist, and to give praise and glory to God. May our lives, energized by the Holy Spirit, witness to the wonderful generosity of our God, our God of life.

You changed my mourning into dancing; O Lord, my God, forever will I give you thanks.

- Psalm 30:13

Stewardship Corner

Tithes and Offerings:

(06/19/2021-06/20/2021)

\$ 2,013.00

Online Giving:

\$ 2,851.00

Maintenance Donations:

20.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

Upcoming Second Collections: Holy Father (Peter's Pence): June 26 & 27

Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

newmanhawaii.weshareonline.org

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



STEWARDSHIP PRAYER

Your presence at the Eucharistic Table is truly the source and summit of our faith. And in the breaking of the bread your presence is meant to impel us to reach beyond our immediate gathering and unify us with the larger gathering of our sisters and brothers around the globe.

If we can recognize you in the Sacrament of the Eucharist, we must also be able to recognize you among those who hunger and suffer in the world. But if our faith in your presence under the appearance of bread and wine does not translate into action, we are still unbelievers.

Deepen our faith, make us good stewards of your Eucharistic presence and help us to bear fruit in the lives of those we encounter, especially those most in need of your love and compassion. Amen

