

# NEWMAN CENTER

## Holy Spirit Parish



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SUNDAY, JUNE 30, 2024



THIRTEENTH SUNDAY IN ORDINARY TIME

IF I BUT  
TOUCH HIS  
**CLOTHES.**

MARK 5:28

# Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

## Pastoral Team

	<i>Phone Ext</i>
<b>Pastor   Director of Campus Ministry</b> Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
<b>Administrative Assistant</b> Alofa Leasiolagi manager@newmanhawaii.org	219
<b>Campus Minister</b> Fay Pabo campusministry@newmanhawaii.org	211
<b>Communications &amp; Pastoral Assistant</b> Brandon Akiona pastoralassistant@newmanhawaii.org	211

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!



### Office Hours:

Monday - Friday: 9:00am to 5:00pm  
(except Diocesan Holidays)  
*Newman Center may remain open till evening programs conclude*

Saturday and Sunday:  
Open during Mass times and for activities as needed.

## From the Desk of the Pastor

Sin isn't given its due these days. Downplaying sin is dangerous. But there is also another spiritual misstep in which we make way too big a deal out of sin. It happens, for example, when we persistently wonder if our confessed sins are "really" forgiven, or suspiciously ponder what God "really" thinks about us, behind His merciful face. Or when someone returns to Church, and we question whether his or her conversion was genuine. Or when we commit some sin and put on a sad face for days, thinking, "Maybe my sins are too great for God to deal with." God save us from that attitude!

Well, he does just that, this week, in the raising of Jairus' daughter. The dead twelve-year-old's house is filled with a spirit of excessive moaning and groaning, tumultuous weeping and wailing. They even laugh at Jesus in a mocking tone. It's shocking how easy it is for him to raise the dead child. It is equivalent to gently waking a kid from a light nap. And then he sends her off to get some lunch. No big whoop. The overactive drama is actually part of the problem, and removing it is a key part of the miracle.

Friends, sin can and does kill, but Jesus is always ready and able to raise us back to life, often without much hullabaloo. His ease of forgiving should never be a pretext for presumption, minimizing sin, or taking lightly the cost he pays for our sins on the cross. But for God's sake, we often need Jesus to put out the weepers and wailers. He's the Lord. And remember, the girl is not dead, she's just sleeping.  
©LPi

Have a blessed week,

Fr. Alfred Omar  
(@fralfred808)



### Important Notices

- Newman Center will be closed on Thursday, July 4 in observance of the Independence Day holiday.
- 2nd Collection next weekend: Peter's Pence—Envelopes are available on the credenza.
- UH Food Vault Collection Next Weekend
- Hospitality Sunday—Next Weekend

## Liturgical Schedule

Daily Mass ( <i>Tuesday-Friday</i> )	12:10PM
Sunday Mass ( <i>Saturday Evening Anticipated</i> )	5:00PM 9:00AM 11:00AM
( <i>Student-led Mass</i> )	5:00PM

## Sacramental Information

**Reconciliation** By Appointment  
Please contact the Parish Office to schedule.

**Baptism** By Request  
Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

**Funerals** At Need  
Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

**Holy Matrimony** By Request  
Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

**Holy Orders—Religious Life** By Call  
Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

**Holy Communion** Ongoing  
Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

**Confirmation** Ongoing  
Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

**Anointing of the Sick** By Request  
If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

**Rite of Christian Initiation for Adults** Ongoing  
If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,



## The Word of the Lord Weekly

### Sunday's Readings

**First Reading:**

But by the envy of the devil, death entered the world. (Wis 2:24)

**Psalms:**

I will praise you, Lord, for you have rescued me. (Ps 30)

**Second Reading:**

Not that others should have relief while you are burdened, but that as a matter of equality your abundance at the present time should supply their needs, so that their abundance may also supply your needs, that there may be equality. (2 Cor 8:13-14)

**Gospel:**

He took the child by the hand and said to her, "*Talitha koum,*" which means, "Little girl, I say to you, arise!" (Mk 5:41)

### Readings for the week of June 30, 2024

**Monday:**

Am 2:6-10, 13-16/  
Ps 50:16bc-17, 18-19, 20-21, 22-23/  
Mt 8:18-22

**Tuesday:**

Am 3:1-8; 4:11-12/Ps 5:4b-6a, 6b-7, 8/  
Mt 8:23-27

**Wednesday:**

Eph 2:19-22/Ps 117:1bc, 2/Jn 20:24-29

**Thursday:**

Am 7:10-17/Ps 19:8, 9, 10, 11/Mt 9:1-8

**Friday:**

Am 8:4-6, 9-12/Ps 119:2, 10, 20, 30, 40, 131/Mt 9:9-13

**Saturday:**

Am 9:11-15/Ps 85:9ab and 10, 11-12, 13-14/  
Mt 9:14-17

### Observances for the week of June 30, 2024

<b>Sunday:</b>	13th Sunday in Ordinary Time
<b>Monday:</b>	St. Junipero Serra, Priest
<b>Wednesday:</b>	St. Thomas, Apostle
<b>Thursday:</b>	Independence Day
<b>Friday:</b>	St. Anthony Zaccaria, Priest; St. Elizabeth of Portugal
<b>Saturday:</b>	St. Maria Goretti, Virgin and Martyr

## Nourishing Our Faith

### Prayer On the Go

<https://pray-as-you-go.org/>  
<https://www.sacredspace.ie/>

### Daily Scripture and Reflections:

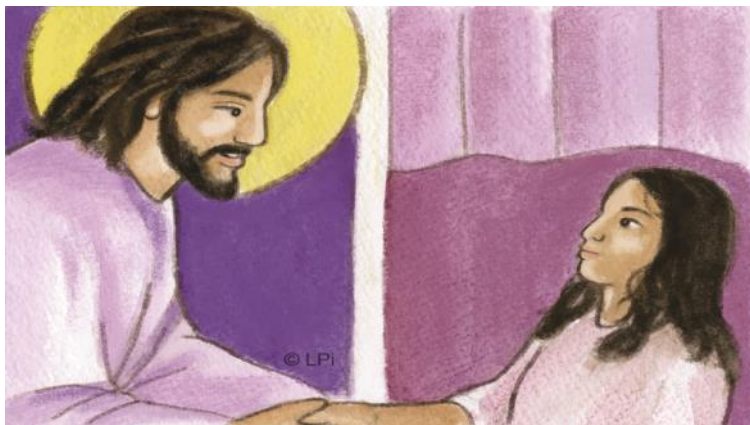
<https://www.dailyscripture.net/daily-meditation/>

### Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

## Family Connection

There are many ways in which we can compare the request for healing made by Jairus and the request of the woman with the hemorrhage. One comparison helps us think about prayer. Jairus asked Jesus for healing on his daughter's behalf; the woman with the hemorrhage had no one to speak for her and bravely approached Jesus on her own initiative. In our prayers, we do both. We intercede for others' needs, and we also courageously express our own needs to God. We find hope in Jesus' response to both of these people, who sought him out in their hour of need. As you gather as a family, talk about some of the things you have prayed for this week. Notice that some of your prayers may have been for other people, and some of your prayers may have been for your own needs. In today's Gospel we find encouragement for both kinds of prayer. Read together today's Gospel, Mark 5:21-43. Talk about the similarities and differences between the two people who presented their needs to Jesus in this Gospel. Notice that both people received the healing they sought from Jesus. We want to pray for the needs of others and for our own needs with as much faith and hope as Jairus and the woman with the hemorrhage did. Pray together in thanks and praise to God, who hears our needs and answers them, by praying today's psalm, Psalm 30.



## Stewardship of Time, Talent and Treasure

### Tithes and Offerings:

06/22/2024-06/23/2024 \$1,394.00

### Online:

06/21/2024-06/27/2024: \$1,435.00

Diocesan Seminarian Fund: \$50.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

### Upcoming Second Collections:

Holy Father (Peter's Pence): 07/06 & 07/07

Catholic Charities Hawaii: Aug. 3-4, 2024

### Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

[newmanhawaii.weshareonline.org](http://newmanhawaii.weshareonline.org)

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



### STEWARDSHIP PRAYER

Generous and Loving Creator, you have called us to  
Malama i ka Makana (Cherish the Gift).

As disciples of your Son, we ask that your Spirit open our minds and hearts to more deeply appreciate your countless blessings. Increase your transforming spirit within us, so as to nurture our call to stewardship as a way of life marked always by faith-filled prayer,  
service to others and generous giving.

With the kokua of St. Marianne and St. Damien, teach us to be good stewards so we may return a hundred-fold the makana entrusted to us.

We pray this through Jesus Christ our Lord. Amen

STEWARDSHIP

SHARING THE GIFTS WE HAVE





## Pray

St. Padre Pio's powerful healing prayer  
*Phillip Kosloski - published on 04/27/21*

This prayer written by Padre Pio can be used to ask God for healing.

St. Padre Pio is widely known around the world for his powerful heavenly intercession and his prayer for healing. He had an unshakable faith in God and continues to intercede for the Christian faithful.

Countless miracles have been attributed to him, both during his life and after his death.

Here is a short prayer for healing, written by St. Padre Pio, that relies on God's strength and meditates on the Passion,

St. Padre Pio's Prayer for Healing

O my Jesus, give me Your strength when my weak nature rebels against the distress and suffering of this life of exile, and enable me to accept everything with serenity and peace. With my whole strength I cling to Your merits, Your sufferings, Your expiation, and Your tears, so that I may be able to cooperate with You in the work of salvation. Give me strength to fly from sin, the only cause of Your agony, Your sweat of blood, and Your death. Destroy in me all that displeases You and fill my heart with the fire of Your holy love and all Your sufferings. Clasp me tenderly, firmly, close to You that I may never leave You alone in Your cruel Passion. I ask only for a place of rest in Your Heart. Amen.

Resource: <https://aleteia.org/2021/04/27/st-padre-pios-powerful-healing-prayer>



## Grow

5 Ways to meet deadlines when you're feeling lousy  
*Cerith Gardiner - published on 06/22/24*

Take a look at some manageable ways to maintain your workload when you're running on empty.

Life's demands don't pause when we're feeling under the weather, physically or mentally. Deadlines loom, responsibilities pile up, and the world keeps spinning. It's crucial to develop strategies to meet our obligations even when we're not at our best.

By finding effective coping mechanisms, we can maintain our productivity and sense of purpose. Here are five keys to meeting deadlines when you just want to climb back into bed.

### PRIORITIZE TASKS WISELY

When feeling lousy, it's essential to focus on what's most important. Make a list of all your tasks and rank them by priority. Start with the tasks that are crucial and have the nearest deadlines. By tackling the most pressing tasks first, you can ensure that you're meeting your most critical deadlines, reducing stress and giving yourself a sense of accomplishment.

### BREAK TASKS INTO SMALLER STEPS

Large tasks can feel overwhelming, especially when you're not feeling well. Break them down into smaller, more manageable steps. This approach makes the task seem less daunting and provides a clear path forward. Celebrate small victories as you complete each step, which can boost your morale and keep you motivated.

### SET REALISTIC GOALS AND TAKE BREAKS

Set achievable goals for what you can accomplish in a given time frame. Don't push yourself too hard; understand your limits and work within them. Also, incorporate regular breaks to rest and recharge. Short breaks can improve your focus and energy levels, making you more efficient when you return to work. And don't forget to make sure you take time to eat healthy meals that can nourish you and give you a little more energy.

### ASK FOR HELP AND DELEGATE

You don't have to do everything on your own. Reach out to colleagues, friends, or family members for support. Delegating tasks can lighten your load and help ensure that deadlines are met. Don't hesitate to ask for help when you need it; teamwork can make a significant difference.

### PRACTICE SELF-COMPASSION AND POSITIVE THINKING

Be kind to yourself. Recognize that it's okay to not be at your best all the time. Practice positive thinking and remind yourself of past successes and your ability to overcome challenges. Self-compassion can alleviate some of the pressure and enable you to approach your tasks with a more positive and resilient mindset.

Resource: <https://aleteia.org/2024/06/22/5-ways-to-meet-deadlines-when-youre-feeling-lousy>



## Reflect

Aloha from Hawaii!

Last week, on the plane ride back to Honolulu, I had a difficult time sleeping on that particular flight, so I decided to watch a movie and the movie I pick was called, "A Man named Otto." This was a remake of a Swedish film called "A Man Called Ove," which was based on a 2012 novel by Fredrik Backman. This story is about an old, bitter, recently widowed man who reluctantly gets involved in the lives of his neighbors. In several attempts to end his life, Otto seems to fail in every effort to accomplish that goal, while being needed to help his neighbors in various encounters and situations. Otto's life is eventually turned around by this unusual gesture and begins to mend the broken bridges and relationships with his neighbors.

God desires nothing but life and goodness for us, only if we allow Him to help us. We get so caught up in the chaos and woes of life that we fall closer to our "death," which brings us down into doubt and fear. Yes, there will be many times that we face challenges, but we must believe that God is with us. Our faith and trust in Him are so crucial for our faith life. Therefore, we are called to share in God's abundant love for us. When we help others, we show God's love in action. May we continue to turn to Him in our times of need. Let us trust in His power to heal and restore. And remember that our faith in Him can make all the difference in our lives.

P.S. I recommend you watch the movie, "A Man Named Otto," sometime this week!

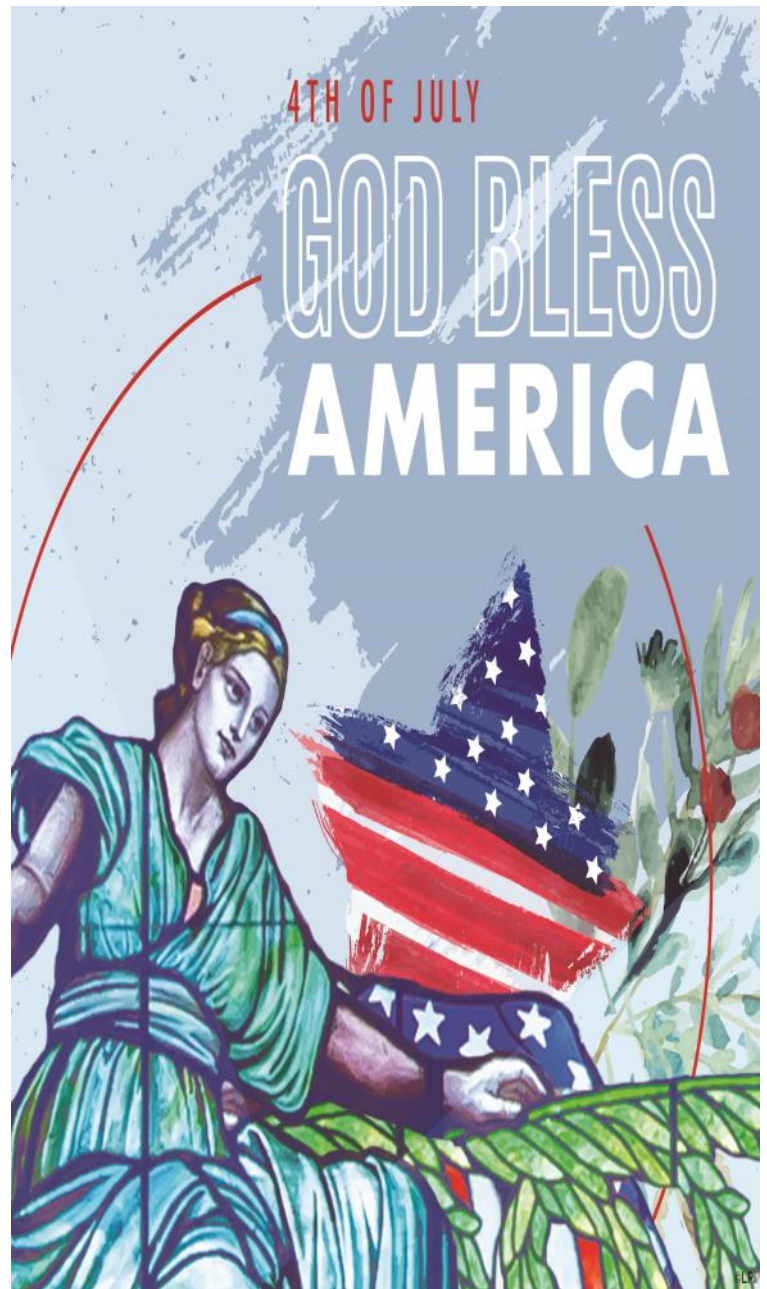
"There is still time for endurance, time for patience, time for healing, time for change. Have you slipped? Rise up! Have you sinned? Cease! Do not stand among sinners but leap aside." – St. Basil

A BIG MAHALO to our parishioners and benefactors for your continued prayers, love, and support for campus ministry. We are blessed by your generosity and kindness to our student community.

May we continue to pray for one another, and for peace in our world and among our brothers and sisters in Christ.

St. John Henry Newman, pray for us!  
Blessings to you and your 'ohana!

- **Fay C. Pabo** (@fa\_jo\_pab0)



God, source of all freedom,  
this day is bright with the memory of those  
who declared life and liberty are your gift to every  
human being.  
Help us to continue a good work begun long ago.  
Make our vision clear and our will strong:  
that only in human solidarity will we find liberty,  
and justice only in the honor that belongs to every  
life on earth.  
Turn our hearts toward the family of nations:  
to understand the ways of others, to offer  
friendship,  
and to find safety only in the common good of all.  
We ask this through Christ our Lord.  
Amen.