

# NEWMAN CENTER

## Holy Spirit Parish



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FIFTEENTH SUNDAY IN ORDINARY TIME  
TAKE NOTHING FOR  
**THE JOURNEY.**

MARK 6:8



SUNDAY, JULY 14, 2024

# Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

## Pastoral Team

	<i>Phone Ext</i>
<b>Pastor   Director of Campus Ministry</b> Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
<b>Administrative Assistant</b> Alofa Leasiolagi manager@newmanhawaii.org	219
<b>Campus Minister</b> Fay Pabo campusministry@newmanhawaii.org	211
<b>Communications &amp; Pastoral Assistant</b> Brandon Akiona pastoralassistant@newmanhawaii.org	211

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!



### Office Hours:

Monday - Friday: 9:00am to 5:00pm  
(except Diocesan Holidays)  
*Newman Center may remain open till evening programs conclude*

Saturday and Sunday:  
Open during Mass times and for activities as needed.

## From the Desk of the Pastor

"Lord, let us see your kindness, and grant us your salvation."

Our readings today remind us to live our lives in total surrender to God's care.

The Gospel recounts when Jesus instructs His twelve apostles to begin their missionary work two by two. He encouraged them to take very little — a walking stick and sandals.

If you can recall a time you packed for a trip, or even left the house for a day's travel, you might remember making a list or packing days in advance. We tend to pack so we know we will be comfortable.

If we extend this concept of "comfort" into other areas of our lives, we will most likely find a few instances where we ensure life is comfortable. It could be buying extra food at the grocery store, making sure we have the most updated technology, or even feeling safe in our bank accounts. It is not bad to have extra food in the pantry or a new phone. And it isn't bad to save money. These things can be good when used properly.

But what if we are looking to these things for comfort, security or even happiness?

Imagine if Jesus approached you and said, "Go out and do my work, but you can only bring a walking stick and shoes." Would you be willing to surrender all the rest?

A key component of living out our call as Christian stewards is total surrender. It is trusting in God during our best moments and our hardest. It is looking to Him for security, comfort and happiness. Reflect on the ways you might be looking for comfort in the things of this world. Tangibly find a way to become independent from that "thing" so that you can become more dependent on God.

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Please pray for the upcoming National Eucharistic Congress on July 17-21 in Indianapolis, Indiana. There will be about 55 pilgrims from the Diocese of Honolulu including myself and Bishop Larry Silva in attendance. Have a blessed week,

Fr. Alfred Omar  
(@fralfred808)



## Liturgical Schedule

Daily Mass (*Tuesday-Friday*) 12:10PM

Sunday Mass  
(*Saturday Evening Anticipated*) 5:00PM  
9:00AM  
11:00AM  
(*Student-led Mass*) 5:00PM

## Sacramental Information

**Reconciliation** By Appointment  
Please contact the Parish Office to schedule.

**Baptism** By Request  
Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

**Funerals** At Need  
Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

**Holy Matrimony** By Request  
Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

**Holy Orders—Religious Life** By Call  
Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

**Holy Communion** Ongoing  
Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

**Confirmation** Ongoing  
Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

**Anointing of the Sick** By Request  
If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

**Rite of Christian Initiation for Adults** Ongoing  
If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,



## The Word of the Lord Weekly

### Sunday's Readings

#### First Reading:

"The LORD took me from following the flock, and said to me, Go, prophesy to my people Israel." (Am 7:15)

#### Psalm:

Lord, let us see your kindness, and grant us your salvation. (Ps 85)

#### Second Reading:

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavens, as he chose us in him, before the foundation of the world. (Eph 1:3-4)

#### Gospel:

Jesus summoned the Twelve and began to send them out two by two. (Mk 6:7)

### Readings for the week of July 14, 2024

#### Sunday:

Am 7:12-15/Ps 85:9-10, 11-12, 13-14 (8)/ Eph 1:3-14 or 1:3-10/Mk 6:7-13

#### Monday:

Is 1:10-17/Ps 50:8-9, 16bc-17, 21 and 23/ Mt 10:34—11:1

#### Tuesday:

Is 7:1-9/Ps 48:2-3a, 3b-4, 5-6, 7-8/ Mt 11:20-24

#### Wednesday:

Is 10:5-7, 13b-16/Ps 94:5-6, 7-8, 9-10, 14-15/Mt 11:25-27

#### Thursday:

Is 26:7-9, 12, 16-19/Ps 102:13-14ab and 15, 16-18, 19-21/Mt 11:28-30

#### Friday:

Is 38:1-6, 21-22, 7-8/Is 38:10, 11, 12abcd, 16/Mt 12:1-8

#### Saturday:

Mi 2:1-5/Ps 10:1-2, 3-4, 7-8, 14/Mt 12:14-21

### Observances for the week of July 14, 2024

**Sunday:** 15th Sunday in Ordinary Time

**Monday:** St. Bonaventure, Bishop and Doctor of the Church

**Tuesday:** Our Lady of Mount Carmel

**Thursday:** St. Camillus de Lellis, Priest

**Saturday:** St. Apollinaris, Bishop and Martyr; BVM

## Nourishing Our Faith

### Prayer On the Go

<https://pray-as-you-go.org/>  
<https://www.sacredspace.ie/>

### Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

### Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

## Family Connection

Families who work together to accomplish routine household tasks know that the benefits are more than efficiency. In sharing daily tasks, we accomplish more, but we also build relationships that last—and it's a lot more fun! Jesus sent his disciples in pairs to minister in his name. Perhaps the job was accomplished more effectively this way, but more importantly, Jesus' mission was accomplished more authentically. The Christian message can only authentically be proclaimed in and through the community of faith. In our work with others, we build this community of faith and can invite others to share in it. As you gather as a family, talk about some household tasks that are more easily accomplished when two or more people work together. Talk about how working together not only makes the job easier, but also makes the task more fun because we are able to spend time together. Read together today's Gospel, Mark 6:7-13. Ask: Why do you think Jesus sent out his disciples in pairs? Observe that Jesus continues to give us a community with which we share our life of discipleship—our family and the community of the Church. Conclude in prayer together that we will continue to rely on the support of the community of the Church in our life of discipleship. Pray together the Prayer to the Holy Spirit.



## Stewardship of Time, Talent and Treasure

### Tithes and Offerings:

07/06/2024-07/07/2024 \$10,038.00

### Online:

07/05/2024-07/12/2024 \$3,260.00

### Peter's Pence:

\$170.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

### Upcoming Second Collections:

Catholic Charities Hawaii: Aug. 3-4, 2024

### Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

[newmanhawaii.weshareonline.org](http://newmanhawaii.weshareonline.org)

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



### STEWARDSHIP PRAYER

Generous and Loving Creator, you have called us to Malama i ka Makana (Cherish the Gift).

As disciples of your Son, we ask that your Spirit open our minds and hearts to more deeply appreciate your countless blessings. Increase your transforming spirit within us, so as to nurture our call to stewardship as a way of life marked always by faith-filled prayer, service to others and generous giving.

With the kokua of St. Marianne and St. Damien, teach us to be good stewards so we may return a hundred-fold the makana entrusted to us.

We pray this through Jesus Christ our Lord. Amen

STEWARDSHIP

SHARING THE GIFTS WE HAVE





## Pray

### Catholic prayer to be renewed by the Eucharist

*Philip Kosloski - published on 10/24/21*

Ask God to refresh and renew your soul after receiving Holy Communion.

The time after receiving Holy Communion is meant to be a special time spent with Jesus. It is the perfect time to talk to him and to ask him to refresh and renew your soul.

Here is a short prayer that asks God to transform us by the Eucharistic encounter.

Grant us, almighty God,  
that we may be refreshed and nourished  
by the Sacrament which we have received,  
so as to be transformed into what we consume.  
Through Christ our Lord.

*Resource: <https://aleteia.org/2021/10/24/catholic-prayer-to-be-renewed-by-the-eucharist>*

## Grow

### Choosing words with prudence and charity

*Daniel Esparza - published on 07/05/24*

By carefully choosing when to speak and when to remain silent, we can foster more loving and peaceful relationships.

As we strive for honesty, transparency, and sincerity, the virtue of silence is easily overlooked. We often feel compelled to express every thought and opinion (whether online or not), believing that withholding our words is at odds with being truthful. There are times, however, when silence is not only polite or kind, but also prudent, charitable, and the right thing to do. As the old saying goes, "the greater part of conversation should consist of listening." Measured speech is indeed rare – and valuable.

One of the most challenging situations in which we struggle with silence is during arguments. It is tempting to call each other names or insist on proving our point. But Proverbs 15:1 reminds us that "a soft answer turns away wrath, but a harsh word stirs up anger." In these heated moments, silence can serve as a powerful tool to de-escalate tension –and demonstrate love and respect for the other person. By choosing not to retaliate with harsh words, we "turn the other cheek" (Matthew 5:39).

### Silent saints

Moreover, the practice of silence can be a form of charity. St. Therese of Lisieux, the Little Flower, emphasized the importance of small acts of kindness. She famously wrote that "without love, deeds, even the most brilliant, count for nothing."

Sometimes the most charitable act we can perform is to refrain from speaking words that might harm or discourage others. In doing so, we exercise self-control and humility, recognizing that our silence may be more loving than our words.

In discussions where we may be right, silence can also be a virtue. "There never was an angry man who thought his anger was unjust," St. Francis de Sales once wrote. Often the desire to be right comes from pride. By choosing silence, we demonstrate a willingness to put harmony and peace ahead of personal vindication. This does not mean that we should never speak the truth, but rather that we should discern the right time and manner to do so, ensuring that our words build up rather than tear down.

In everyday interactions, silence can prevent misunderstandings and encourage thoughtful communication. James 1:19 wisely advises, "let everyone be quick to listen, slow to speak, and slow to be offended." In short: Listening more and speaking less allows us to respond with greater empathy and understanding.

Silence is a powerful virtue consistent with the principles of prudence, charity, and love. By carefully choosing when to speak and when to remain silent, we can foster more loving and peaceful relationships. Let us strive to emulate the wisdom of the saints and Scripture and embrace silence as a gift that enriches our lives and the lives of those around us.

*Resource: <https://aleteia.org/2024/07/05/choosing-words-with-prudence-and-charity>*





## Reflect

Aloha from Hilo!

I am blessed to be here again for Ho'oulu Me Ka Ikaika (Grow with Strength), a four-day retreat/camp, as a counselor-team leader and fellow childhood cancer survivor. Established in 1992 by the American Cancer Society, Ho'oulu Me Ka Ikaika is a four-day retreat/camp experience for teens and young adults who have had childhood cancer and/or currently going through treatment for cancer. The retreat/camp is led by a team of volunteer oncology pediatric-adolescent doctors, nurses, and medical professionals, along with former childhood-teen cancer survivors. This fun-filled, unique experience gives way for them to connect with peers and process the cancer experience in a safe, nonjudgmental, and supporting community. The retreat atmosphere is one of healing as well as growing with strength and confidence into an adult cancer survivor. As of 2023, Ho'oulu Me Ka Ikaika continues its mission in Hilo, Hawai'i as an independent non-profit.

The theme for this year's camp is ikigai. It is a Japanese term that blends two words: "iki" meaning "to live," and "gai" meaning "reason," which translates to "a reason to live." This concept encourages people to discover what truly matters to them and to live a life filled with purpose and joy. What is your purpose in the life that God has given you? Do you find joy in your jobs/roles, tasks, and other daily things you do? What mission do you feel God is calling to you? How are we living out that call?

The readings this weekend focus on God's call and mission. He calls us to serve Him and trust in His guidance. As we respond to God's call, we grow in faith and love. Let us pray for the grace to hear His call and the courage to respond. May we trust in God's care and preach His message of repentance and love.

*"Being a disciple means being constantly ready to bring the love of Jesus to others, and this can happen unexpectedly and in any place: on the street, in a city square, during work, on a journey." – Pope Francis*

A BIG MAHALO to our parishioners and benefactors for your continued prayers, love, and support for campus ministry. We are blessed by your generosity and kindness to our student community.

May we continue to pray for one another, and for peace in our world and among our brothers and sisters in Christ.

St. John Henry Newman, pray for us!  
Blessings to you and your 'ohana!

- **Fay C. Pabo** (@fa\_jo\_pab0)



**JOE MELENDREZ**

**Two Distinctive Nights**

**"CHOSEN"** (Saturday)

**"MISSION DRIVEN"** (Sunday)

**JULY 20 6:30PM HONOLULU, HI ST. PIUS X MANOA**

**JULY 21 6:30PM WAIMANALO, HI ST. GEORGE**

GET READY TO PRAISE GOD LIKE NEVER BEFORE! ALL AGES WELCOME.

Arranged by the HOLY SPIRIT for those who wanted to, but were not able to, fly to Indianapolis for the National Eucharistic Congress, Catholic hip hop recording artist Joe Melendrez's one-of-a-kind approach to sharing CHRIST through scripturally focused Hip Hop Music will inspire prayer, energize listeners, and draw them deeper into knowing and loving GOD. Come and experience an epic journey into the world of prayer, praise and worship, encountering JESUS in the Eucharist, and learning how to share your faith in real and relatable ways.

There will be a new message each night:  
July 20 - St. Pius X, Manoa - "Chosen"  
July 21 - St. George, Waimanalo - "Mission Driven"

### About Joe

Joe Melendrez has forged a unique path to becoming one of America's most exciting Catholic performers. His journey began at age fifteen when he appeared on MTV, sparking a passion for performance. It was during a Teen A.C.T.S. Retreat later that year where Joe experienced a profound encounter with GOD's love, inspiring him to commit his life to spreading the Good News, , and releasing five major Catholic hip-hop albums.

Joe shares the Gospel in many unique ways, including founding a faith-based clothing line, God Swagg Apparels. Notably, he creatively uses opportunities like winning a year of free Chipotle burritos as a means to evangelize with each meal.

Equipped with a BA in Religious Studies from the University of Dayton, Joe has served as a Religion Teacher and Youth Minister for over a decade.

In addition to his work in Catholic education, his dynamic ministry extends globally, from electrifying audiences across Europe, Africa, Australia, South America, and the USA, to captivating crowds at major youth rallies, conferences, and national events.

Today, Joe Melendrez thrives as a devoted husband and father, natural MC, dynamic musical performer, inspirational speaker, and expert retreat leader.